

RETAIL FOOD ENVIRONMENT INDEX

There is growing evidence that what people eat- and their likelihood of being overweight and unhealthy – is affected by the food environment in which they live.

The RFEI is a measure that divides the total number of fast food restaurants and convenience stores by the total number of supermarkets and produce vendors. The result is a ratio of healthy food choices (represented by supermarkets, produce vendors and farmers markets) versus unhealthy food choices (fast food restaurants and convenience stores). A score of less than 1 is ideal.

RFEI Scores of Cities in San Mateo County

Portola Valley	0.7
East Palo Alto	1.0
Woodside	1.0
Half Moon Bay	2.4
South San Francisco	3.1
Daly City	3.9
Millbrae	4.1
Foster City	4.2
Menlo Park	4.3
South San Francisco	3.1
San Mateo	4.3
San Mateo County	4.5
Pacifica	5.0
Brisbane	6.5
Redwood City	6.6
Burlingame	8.7
San Bruno	9.1
Belmont	10.3
San Carlos	11.8
Colma	17.0
Atherton	N/A
Hillsborough	N/A

Source: San Mateo County Health System Environmental Health Division and Health Policy and Planning Epidemiology