## San Mateo County Community Collaboration for Children's Success

# North Fair Oaks/Redwood City

# Joint Meeting: Neighborhood Leadership Group + Champions

Tuesday, July 17, 2018, 6:00 pm-8:00 pm

Fair Oaks Community Center, 2600 Middlefield Road, Redwood City

#### **Meeting Goals**

- Provide update of CCCS Initiative
- Review example CCCS goals
- Gather feedback on approach to gathering community input
- Discuss neighborhood project

#### **Agenda**

#### 1 Welcome!

- Introductions
- Update from CCCS Steering Committee member about 2<sup>nd</sup> Steering Committee meeting
- Updates about 5/22/18 NLG meeting in pairs (with at least 1 member who had attended a prior CCCS meeting): steps in CCCS Initiative, CCCS principles and group agreements

#### 2. Where are we going?

• Gather initial feedback on example CCCS Initiative goals [See "Where are we going? Feedback on example goals" on pg 2]

#### 3. What do we want to know from community residents?

• Community input will help identify issues, barriers, assets, and hopes.

#### 4. How will we gather community input?

- Ways in which we will gather community input:
  - o Community survey
  - o Dream wall
  - o Small group conversations
- The community input will focus on specific residents: those who are under 25 and those who are the caregivers for a child/youth 0-24 years old.
- We are prioritizing community input from youth <u>and</u> caregivers of children/youth (0-24) who have personal or familial experience with:
  - o The criminal justice system,
  - o Foster care/the child welfare system,
  - o Mental health and/or substance use conditions, and/or
  - o Other kinds of trauma (e.g., being homeless, witnessing or experience violence).
- We collected attendees' suggestions on places, events, and organizations where we might collect community input. [See "Suggestions: How will we gather community input?" on pg 4]

- Meeting attendees were invited to help gather community input.
- Attendees reviewed and gave feedback on the draft youth survey that was shared.

#### 5. Discuss neighborhood art project

• Brief update from Linda Lopez (NFO Community Council) on aligning mural projects with the CCCS principles and initiative.

#### 6. Closing

- Questions
- Participants completed meeting evaluations

#### Where are we going? Feedback on example goals

#### Overall feedback on example goals

- I like goal 1, but could be combined goals 1 with 3
- Goal 1 is too general vs 4 that can be impacted by professional alignment
- Goal 2 + 4 stood out. I would like to know more about what training would look like to be trauma-informed.
- 4 & 5 are confusing what do these mean?

#### Example Goal 1: All SMC Children + youth are safe, healthy, + thriving.

- Goal (1) should be a question to answer whether all kids are safe, healthy, and thriving. If not, why and where and how can we accomplish those ideals?
- Organizations don't know / aren't aware of kids mental health
- Healthy home

#### Example Goal 2: All SMC children + youth connect with supportive adults.

- #2 stood out the most @ times parents don't have the time.
- Very different meaning for children under 5 vs older youth. With 0-5s, it involves/requires stable
   & successful parents and caregivers.
- Parent involvement and provide them the tools they need for their children. We need to connect children and parents, that's the foundation.
- Reduce family violence and exposure to violence such as conflicts.
- All supportive adults have support and know where to get help and resources.
- (2) feel they have a voice in community.

# Example Goal 3: All SMC children + youth are engaged in their learning and reach their full potential.

- New include in #3 or add / all SMC children have equal access to quality education and extracurricular/development programs in their neighborhoods.
- Students have a lot of environmental needs at home/mental health support
- How do we get all schools and staff involved?

- We need people in organizations who actually want to work for children
  - o We need motivated teachers, staff, great role models for the children at schools
  - o Parent must be involved
  - o Elementary schools and high schools must engage parents and children to build [illegible] things that they can do with each other.
  - Not only trained organizations and systems but actually trained the community ex/TIS training

# Example Goal 4: All SMC systems + local orgs that interact with children + youth are trauma-informed and eliminate racial disparities.

- #4 everyone needs to have an understanding of all obstacles and traumatic moments children can go through.
- Re: parents of younger kids > the one about "systems that work with children/youth" REALLY needs to include systems that work w/ parents/caregivers of young children (but may not consider themselves as working w/ children). E.g. Probation, adult education, benefits eligibility, work training programs. How these systems/programs support these folks in their parenting roles is important.
  - O The main thing that jumps out at me is the exclusion of parents/caregivers for young children. You cannot support children's success or help children thrive without involving their parents/caregivers (if those kids are 0-5 for sure, probably up to at least 8, maybe 12).
- What should we do about homeless especially young
- Include socio-economic class; collaboration; smooth transitions/bridging language

#### Example Goal 5: All SMC systems + local orgs lift up community leadership.

- All SMC parent/guardians have access to leadership, education and support services
- All SMC systems and local organizations promote children and youth voices to lift up community leadership.
- How do struggling parents who work, care for children, & support their families participate? Don't we, at some level, need to speak for them too?
- What are community leaders' current needs to do their work and enhance it?
- Municipalities, community leaders, newcomers, local companies are engaged to bridge socioeconomic divides
- General thought need to build on existing community set goals & strategies
- Educate parents about trauma-informed practices so they can create a healthy home
- Looking at children with compulsion lens.
- Opportunities for collaborative funding to expand services.
- CCCS initiative goals feedback "Lift up" might be "invest in," "will encourage." "Lift up" translates as a very ambiguous directive. Goals are vague and not measurable.

#### **Brainstormed Suggestions: How will we gather community input?**

#### Where and when should we collect Community Surveys?

- NFO Clinic
- Redwood City Jail (visiting hours)
- Back to school nights
- Second Harvest Food Bank sites
- Coffee with deputies August 26th; expect ~800 (Sheriff)
- August 7th: National Night Out (Sheriffs)
- Community survey at Boys and Girls club, invite people for dinner and take survey.
- Dream Summit (8/18/18) Group convo and survey.
- Friends to Parents, Menlo Linkage, ED
- 15th or 16th of September at the Centro de Redwood City: Fiesta de Independencia de Mexico
- Fair Oaks Library / Community Center
- VERBO Church (on Bay Road)
- RCPD PAL Center parents and youth
- Seguoia Adult School
- Outside of Chavez Supermarket
- On Middlefield Rd.
- All community school family centers
- Advertised online through NFO Forward website
- Through County manager's NextDoor account

#### Where should we post Dream Wall posters?

- Fair Oaks library
- Redwood City Catholic Worker Center
- Fair Oaks Community Center
- Neighborhood schools (TK-12)
- Sequoia YMCA
- Donuts w/ Deputy August 26th 8am-1pm. St. Anthony's.
- August 7th National Night Out; NFO Elem.
- Boys/girls club
- Youth centers
- Redmorton
- Vet Center
- Dream Wall
- SPOAS House
- Reike Center
- Redwood High School

- PAL Music Festival 7/28 at Courthouse Square
- Sequoia High School
- Dad & me at the park sometime in the summer; run by HSA?
- Siena Youth Center
- baseball and soccer games. At churches' exits.
- Community gardens
- Farmers market
- The corners where laborers stand (looking for job)
- Movie theaters
- Fair Oaks library
- Fair oaks community center
- Neighborhood school (PK-12)
- Verbo church

#### Where and when should we hold Small Group Conversations?

- Siena Youth Center
- Fresh Lifelines for Youth (FLY)
- Parents of preschool kids/students
- Small group at Boys and Girls club @ Redwood City
- CASA San Mateo County
- Friends for Youth
- Star Vista / Teen Resource Center at Sequoia High School
- PAL (Police Activities League) of Redwood City
- WIC sites
- Birthing hospitals for the area
- Pre-3 clients / touchpoints parent/child groups
- First responders for surveys
- You need to target parents of children 0-3 (i.e. earlier than preschool). Those parents, esp. low-income, are VERY stressed + isolated, experience a lot of depression, have unique families.
- Existing family meetings @ community schools + the library through Redwood City 2020
- Kennedy Middle School youth
- REACH ASP Program
- RC Teen Advisory Board (youth)
- Chan Zuckerberg Initiative
- Small group convos Tuesdays (2/Month) at Siena Youth Center Parent Action Mtgs. = 20-30 attendees.
- Small group convo 100 grains nutrition class meets weekly at Siena Youth Center with 8-10 families.
- Fool's Mission

Silicon Valley Debug

#### General Outreach Ideas

- YMCA E.L.R Early Learning Readiness Program starts in Fall, location TBD (RWC)
   Moms/Caregivers + Child 1mo-5yrs.
- YMCA Afterschool programs as of August 20th between 3:30-6pm; Roosevelt/Adelante/Kipp @ Taft/ Kipp @ Hoover/Rocketship @ JFK
- Iglesias: San Antonio
- Todas las escuelas (en: all the schools)
- Escuela de Adultos (en: Adult School), Sequoia High School
- Boys + Girls club (Hoover school)
- Friends to Parents
- KIPP Excelencia parents who have teenagers who are willing to take the survey.
- Communicate to Cañada students

# SAN MATEO COUNTY COMMUNITY COLLABORATION FOR CHILDREN'S SUCCESS (CCCS)

NORTH FAIR OAKS/REDWOOD CITY

JOINT NEIGHBORHOOD LEADERSHIP GROUP (NLG) AND CHAMPION MEETING – JULY 17, 2018





#### **WELCOME!**









# **TODAY'S AGENDA**

- Provide updates
- Review example CCCS goals
- Provide input on gathering community input
- Update on neighborhood art project









#### **CCCS UPDATES IN SMALL GROUPS**

- 1. HIT RESTART with at least 1 person who has been to a **CCCS** meeting
- 2. FASTFORWARD! Review the following (using the update packet as reference):
  - CCCS planning process
  - CCCS principles
  - Group agreements









## **OVERVIEW OF CCCS PLANNING PROCESS**



# **CCCS PRINCIPLES**

- 1. Build Community
- 2. Promote Transparency
- 3. Focus on Action and Systems Change
- 4. Recognize Systemic Racism and Other Inequities
- 5. Prioritize Physical and Emotional Safety
- 6. Encourage Reflection, Learning, and Innovation







# **CCCS GROUP AGREEMENTS**



Focus on our common goal.



Build community and relationships.



Be open to new ideas and perspectives.



**Promote safety** and respect.



Participate and be self-aware.







# **QUESTIONS?**







# WHERE ARE WE GOING?





#### INGREDIENTS FOR THE NEIGHBORHOOD PLANS









#### **EXAMPLE CCCS INITIATIVE GOALS**

- 1. All SMC children and youth are safe, healthy, and thriving.
- 2. All SMC children and youth connect with supportive adults.
- 3. All SMC children and youth are **engaged in their learning and reach their full potential**.
- 4. All SMC systems and local organizations that interact with children and youth are trauma-informed and eliminate racial disparities.
- 5. All SMC systems and local organizations lift up community leadership.







## **FEEDBACK**

Talk with a neighbor or reflect by yourself about what you think about these example goals.

Share your thoughts on a post-it note!









# **TOPIC AREAS AND GUIDING QUESTIONS FOR COMMUNITY INPUT**





## **TOPIC AREAS FOR COMMUNITY INPUT**









# **QUESTIONS FOR COMMUNITY INPUT**

What are the most important concerns and needs in each neighborhood?

Who are the children and youth who face the greatest challenges?



What forms of trauma are most common?







# **QUESTIONS FOR COMMUNITY INPUT**

What barriers limit children & youth success in each neighborhood?









# **QUESTIONS FOR COMMUNITY INPUT**

- What are key community resources and strengths in each neighborhood?
- How can we build community resilience?



Assets







# **QUESTIONS FOR COMMUNITY INPUT**

What are priorities to support children & youth success in each neighborhood?



Hopes







# **LET'S MOVE!**





# **ENERGIZER**









# **GATHERING COMMUNITY INPUT**





# **HOW WE WILL GATHER COMMUNITY INPUT**

- Community surveys— 100+ (paper and online)
- Dream Wall Posters
- Small group conversations
  - Focus groups (2-4) OR
  - Tell Us sessions (6+)









## **COMMUNITY SURVEY**

- Gathers a range of information from neighborhood residents who are youth and/or parents/caregivers
- Questions
  - Topic-specific
  - Demographics









# **DREAM WALL**

- Poster in key locations
- Up to 5 questions
- Community members write down their responses to questions









#### **SMALL GROUP CONVERSATIONS**

- Focus group (2-4)
  - 60-90 minutes
  - Up to 16 questions
  - Co-facilitated
- Tell Us Session (6+)
  - 30-45 minutes
  - Up to 6 questions
  - Facilitated by Champion









#### WHO DO WE WANT TO HEAR FROM?

Residents who live in the approximate neighborhood who are:

- ✓ Young people (under 25)
- √ Caregivers (e.g., parent, family) member) for someone under 25 years old
- ✓ Systems-involved children and youth
- ✓ Children and youth who are disproportionately likely to experience trauma







#### WHERE AND WHEN?

- 1. Where should we collect surveys?
  - Community events, which organizations?
- 2. Who should be involved in community conversations?









# WILL YOU HELP GATHER COMMUNITY INPUT?

- Gather community surveys
- Put up and monitor dream walls
- Help recruit for and facilitate community conversations
- Join us here this Saturday!
  - July 21<sup>st</sup> 2pm-4pm









## WHO ELSE CAN GATHER COMMUNITY INPUT?





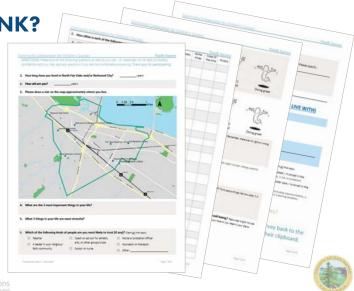




# WHAT DO YOU THINK?

DRAFT community survey for youth (under 25 years old)

- Is anything confusing?
- Is the tone OK?



# **ART PROJECT UPDATE**













# **CLOSING**





# **EVALUATION**











# **STAY IN TOUCH!**

#### NFO-RWC NEIGHBORHOOD PLANNING PROCESS COORDINATORS



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