

# Get Healthy San Mateo County (GHSMC) Task Force Committee Updates

## Access Committee

- Finalizing location of neighborhoods where mobile activity van will operate
- Contact Chris Beth ([cbeth@redwoodcity.org](mailto:cbeth@redwoodcity.org)) or Liz Mayta ([liz@sanmateostarlings.org](mailto:liz@sanmateostarlings.org)) for more info

## Afterschool Committee

- Launching the Healthy Apple Award Program, which recognizes the efforts of afterschool providers to implement healthy eating and physical activity as a component of their program
- Conducted two trainings for the California Parks & Recreation, District IV Bay Area Institute and the Youth Teen Recreation Service Meeting
- Will conduct another Healthy Apple Award and nutrition training on March 23, 2009 at 2121 South El Camino Real, Suite A-100
- Contact Wale Adeniji ([wadeniji@co.sanmateo.ca.us](mailto:wadeniji@co.sanmateo.ca.us)) for more info

## Breastfeeding Committee

- Finalizing speakers for the physician education workshops
- Contact Anne Garrett ([agarrett@co.sanmateo.ca.us](mailto:agarrett@co.sanmateo.ca.us)) for more info

## Evaluation Committee

- Finalized Task Force Evaluation Report for 2007-2008. Report is available online at [www.gethealthysmc.org](http://www.gethealthysmc.org).
- Contact Anand Chabra ([achabra@co.sanmateo.ca.us](mailto:achabra@co.sanmateo.ca.us)) for more info

## Preschool/Childcare Committee

- Disseminated nutrition, physical activity, and TV viewing guidelines developed by committee to preschool and childcare providers in the County
- Planning workshops to Child Care Coordinating Council (4C's) providers on how to use nutrition, physical activity, and TV viewing guidelines
- Contact Jennifer Stimson ([jstimson@co.sanmateo.ca.us](mailto:jstimson@co.sanmateo.ca.us)) for more info

## School Wellness Policy Committee

- Received funding from Task Force to coordinate a forum for parents, school staff, and students on food service/child nutrition program
- Will offer mini-grants for schools to implement some component of their school wellness policy. Contact Wale Adeniji for the application form. Applications are due May 4, 2009.
- Contact Anna Lague ([alague@rcsd.k12.ca.us](mailto:alague@rcsd.k12.ca.us)) or Wale Adeniji ([wadeniji@co.sanmateo.ca.us](mailto:wadeniji@co.sanmateo.ca.us)) for more info